

SECTION OF TRANSITION MEDICINE



SECTION CHIEF
Cynthia Peacock, M.D.

The Section of Transition Medicine had a very successful academic year. Beginning the academic year strong, in July 2018 Dr. John Berens joined the faculty after graduating from a Medicine-Pediatrics Residency Program in Philadelphia.

This annual report outlines some of the achievements and recognition received during 2019.

Sincerely,

A handwritten signature in black ink that reads "Cynthia Peacock, M.D.".

Cynthia Peacock, M.D.
Section Chief

HIGHLIGHTS

Under Dr. Berens' guidance, Transition Medicine partnered with the University of Texas School of Dentistry at Houston to create an interdisciplinary dental desensitization clinic for patients with intellectual and developmental disabilities.

Transition Medicine faculty secured \$329,000 in grant funding for fiscal year 2019-2020 as well as \$1.47 million in 2019 in funding for the next five years.

Our dedicated faculty address the needs of former pediatric patients who will still require treatment once they become adults by delivering unmatched patient care and training medical students, residents and educating fellow physicians, caregivers, and the community. Our faculty provide support for young adults transitioning out of pediatric care through continuous research. This year's quality improvement project targeted chronic care management with Medicare billing.

In 2018-2019, the Transition Medicine team received Baylor College of Medicine's "That's the Way" award for all four quarters. This award gives recognition to our faculty and staff for leading the way in quality, patient safety, and patient experience. The Transition Medicine team continued participating in Houston's Special Olympics annually where the physicians provide participants with sports physicals and dentists from University of Texas School of Dentistry at Houston provide dental exams.

In March 2019, Transition Medicine Grand Rounds highlighting Transition Medicine healthcare commenced at the McNair Campus, presented quarterly, with the second taking place in July. Dr. Cynthia Peacock's HRSA Grant, focusing on transitioning youth with special healthcare needs into the adult healthcare system, was featured in Texas Children's press for making progress with expanding the program. Due to a family's appreciation of excellent care for their son, we are in our fifth year of awarding the Transition Medicine Ligum's grant. Thus far, we have awarded the grant to more than one dozen applicants.

FACULTY

- Elisha M. Acosta, M.D.
- John C. Berens, M.D.
- Ellen J. Fremion, M.D.
- Kathryn J. Kemere, M.D.
- Judy L. Kim, M.D.
- Cynthia Peacock, M.D.

RESEARCH ACTIVITIES

Acosta, Elisha, M.D.

- National Curriculum in Developmental Medicine; SOI/AADMD

Berens, John, M.D.

- Interdisciplinary Dental Care Delivery for Adults with Intellectual/Developmental Disabilities, Working for Inclusive and Transformative Healthcare

Fremion, Ellen, M.D.

- Transition to Adult Care Mentorship Program for Individuals with Developmental Disabilities; Texas Council for Developmental Disabilities
- Department of Internal Medicine, Quality Improvement Grant; Baylor College of Medicine

Peacock, Cynthia, M.D.

- Transition Health Care for Children and Youth with Special Care Needs; Healthy Tomorrows Partnership for Children Program from Maternal and Child Health Bureau at HRSA
- Advancing Behavioral Health Integration within a NCAQ-Recognized Patient-Centered Medical Home for People with IDD; Texas Council of Developmental Disabilities

HONORS AND AWARDS

Acosta, Elisha, M.D.:

- Ambulatory Outstanding Faculty Teacher chosen by Clinical Core Clerkship, Baylor College of Medicine, June 2019

Fremion, Ellen, M.D.:

- Star Award for Excellence in Patient Care 2019, Baylor College of Medicine
- “Top Doctor” listing in *Houstonia Magazine*, August 2019

Transition Medicine Team

- “That’s the Way” Baylor Clinic Team Award in recognition for leading the way in quality, patient safety, and patient experience. 1st, 2nd, and 4th quarters 2017-2018, 1st, 2nd, 3rd, 4th quarters 2018-2019

PRESS

Transition Medicine Team: Special Olympics athletes find competition and health care at qualifying games; TMC News

Transition Medicine Team: Help for people with disabilities to make decisions about their own health care; SDM Medical Care