

The Menopause Center at Texas Children's Pavilion for Women and
the Department of Obstetrics and Gynecology at Baylor College of Medicine
present

HOUSTON MENOPAUSE SUMMIT

Friday, September 25, 2026

8:00AM to 3:00PM

Earn CME credit in this hybrid course offered in-person at Texas Children's Pavilion for Women, 6651 Main St, Houston, TX 77030 and via Microsoft Teams

COURSE DIRECTORS



Nina Ali, MD
Associate Professor
Obstetrics and Gynecology
Baylor College of Medicine



Karen Horst, MD
Assistant Professor
Obstetrics and Gynecology
Baylor College of Medicine

In this course you will:

- Apply evidence-based, individualized strategies for the **diagnosis and management** of menopausal and perimenopausal symptoms
- Discuss **the impact of the menopause transition** on metabolism, pelvic health, mental health, and sexual function
- Discuss the impact of menopausal changes to **the health of women in Harris County**
- Develop **a standard approach** to proactively identify menopausal concerns
- Identify appropriate therapy with counseling on risks, benefits, and alternatives to support **shared decision-making** for menopause care

**For more information and
to register for the course:**



**For questions about the
course contact:**

Tiara Gatewood
gatewood@bcm.edu

CME for Physicians

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for **a maximum of 5.25 AMA PRA Category 1 Credits™**. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Target Audience

Specialties - Endocrinology, Gynecology, Obstetrics and Gynecology, Primary Care, and Urology

Professions - Physicians, Physician Assistants, Nurse Practitioners, Nurses, Physical Therapists, Nutritionists, Dietitians, Trainees and Learners

Speakers

Nina Ali, MD
Sarah Ammons, PT
Hannah Ballard, PhD, Rice University
Nicole Cirino, MD
Allison Conn, MD
Glorisel Gonzalez-Viera, MD
Karen Horst, MD
Francisco Orejuela, MD
Karla Sepulveda, MD
Utsavi Shah, MD

About the Course

Lunch will be provided for in-person attendees.

