

Baylor Geriatrics for Primary Care Providers and Hospitalists
Live Interactive Virtual CME: 10-3-2020
Agenda

Common Session: [From 10 am to 1 pm]

Topic	Speaker
Introduction (5 minutes) 4 Ms	George Taffet, M.D. Professor of Medicine Baylor College of Medicine Cornell/Methodist Houston, Texas
Capacity and Behavioral Issues in Dementia	Aanand Naik, M.D. Professor of Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine
Rapid Geriatric Assessment	Aanand Naik, M.D. Professor of Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine
Optimizing Prescribing in Older Adults	Julianna Fernandez, Pharm. D., BCGP Assistant Department Chair, Pharmacy Practice and Translational Research. Houston Methodist Hospital
Cognitive Assessment: Differentiating Normal Aging, MCI, Dementia versus Delirium	Syed Nasrat Imam, M.D. Associate Professor Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine
Hypertension	Addison A Taylor, M.D., Ph.D. Professor of Medicine Baylor College of Medicine

Breakout group – Hospitalists: [From 1:15 pm to 2:15 pm]

Topic	Speaker
Transitions of Care (include infection management)	Mahveen Sohail, M.D. Assistant Professor Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine
Behavioral and Psychological Symptoms of Dementia in Acute Care	Angela Catic, M.D. MEd Assistant Professor Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine

Breakout Group – Primary Care [From 1:15 pm to 2:15 pm]

Topic	Speaker
Dementia Treatment - Where to Start, Where to Stop	Angela Catic, M.D. MEd Assistant Professor Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine
Practical Parkinson's for Primary Care	Syed Nasrat Imam, M.D. Associate Professor Medicine-Geriatrics and Palliative Medicine Baylor College of Medicine



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Topic	Learning Objectives
Introduction (5 Introduction of 4 M of Geriatrics minutes) 4 Ms	
Capacity and Behavioral Issues in Dementia	<ol style="list-style-type: none"> 1. Learners will be able to describe the two components for determining a vulnerable older adults' capacity to live safety and independently in the community. 2. Learners will be able to identify assessment tools that can be used to screen for older adults' capacity to live safety and independently in the community.
Rapid Geriatric Assessment	<ol style="list-style-type: none"> 1. Understand the utility of incorporating elements of geriatric assessment into primary care visits with older adults. 2. Be familiar with brief, high-yield geriatric assessment tools which can be used in busy primary care settings. 3. Recognize how the results of a brief geriatric assessment can be used to modify care for older adults, including referring for physical therapy and a full geriatric evaluation.
Optimizing Prescribing in Older Adults	<ol style="list-style-type: none"> 1. Provide overview of medication prescribing practices in aging patients in the United States 2. Familiarize learners with current recommendations (eg. Beers criteria/STOPP/START criteria) regarding prescribing in aging patients 3. Discuss how medication reconciliation and the process of deprescribing can help to optimize medication use in the aging population
Cognitive Assessment: Differentiating Normal Aging, MCI & Dementia	<ol style="list-style-type: none"> 1. How to differentiate normal aging, MCI, Dementia, and different types of dementia Clinically 2. Why it is important to differentiate 3. What to do if MCI: Best Practice
Hypertension	<ol style="list-style-type: none"> 1. Be familiar with the advantages of routinely assessing orthostatic hemodynamics before starting and after changing medications in the ambulatory elderly. 2. Be aware that blood pressure treatment goals in the elderly are similar to those in middle-aged hypertensive individuals and that morbidity and mortality benefits of achieving those blood pressure goals are similar in elderly and middle-aged hypertensive individuals. 3. Be familiar with those medications that are most likely to successfully reduce elevated blood pressure in elderly hypertensive individuals in the inpatient and outpatient setting.

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Breakout groups (Hospitalists)

Topic	Learning Objectives
Transitions of Care (include infection management)	<ol style="list-style-type: none"> 1. Recognize patients who at risk for complex transitions 2. Identify challenges to post-discharge transitions 3. Discuss system-based solutions for effective care transitions.
Behavioral and Psychological Symptoms of Dementia in Acute Care	<p>At the conclusion of this presentation, participants will:</p> <ol style="list-style-type: none"> 1. Be familiar with the most common psychotic and nonpsychotic behavioral and psychological symptoms of dementia 2. Understand common nonpharmacologic treatment measures which can be implemented in the acute care setting to address behavioral and psychological symptoms of dementia. 3. Recognize when pharmacologic therapy may be indicated to address behavioral and psychological symptoms of dementia in the acute care setting.

Breakout groups (Primary Care)

Topic	Learning Objectives
Dementia Treatment: When to Start, When to Stop	<p>At the conclusion of this presentation, participants will</p> <ol style="list-style-type: none"> 1. Be familiar with FDA prescribing guidelines for the most common pharmacologic treatments for dementia (acetylcholinesterase inhibitors and memantine) 2. Understand how to address the risks/benefits of initiating pharmacologic dementia treatment with older adults and their families 3. Recognize the common indications for discontinuing pharmacologic dementia treatments and possible impacts on older adults with dementia
Practical Parkinson's for Primary Care	<ol style="list-style-type: none"> 1. Approach to diagnosis of Parkinson disease 2. Appreciate non-motor and non-traditional symptoms of Parkinson disease 3. Approach to differential diagnosis of Parkinsonism 4. Pharmacological and non-pharmacological treatments for Motor & Non-Motor symptoms

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