Resources to Support the
Asian, Asian American, and Pacific Islander Communities
Developed by the Association for Graduate Student Diversity, Diversity Ambassadors and the
Inclusion and Equity Council

Over the last year, there has been an increase in hatred and violence toward Asian Americans and those of Asian identity, descent and appearance. There were more than 3,795 anti-Asian racist incidents in the U.S. in the past year alone. This increase is largely owed to the xenophobia and anti-Asian sentiment surrounding the COVID-19 pandemic. The recent hate crime involving the shooting victims in Atlanta, Georgia shows that solidarity with the Asian community is needed now more than ever. Below is a list of ways to support AAPI within the BCM community and beyond.

Check in & Speak Out
Checking in with your Asian friends and loved ones can be a great way to show your support during this uncertain time. Silence in the midst of ongoing hate is often deafening. Listen to and uplift Asian voices, acknowledge their stories and speak out on instances of anti-Asian racism - regardless of your perceived severity of the act. Celebrate Asian culture and support the Asian community. To understand more about racism against the Asian community, learn about the ‘Model Minority Myth’ in these resources from Learning for Justice and the USC Pacific Asian Museum.

Baylor College of Medicine Resources
- Our values
- Office of Institutional Diversity, Equity and Inclusion
- Position statement on ‘Strengthening Our Commitment to Racial Justice to Improve Public Health
- Association for Graduate Student Diversity
- Coping with the Challenges of Anti-Asian Discrimination during COVID-19: Pathways Toward Resilience: Presented at the July 2020 BCM Compassionate Conversation
- Integrity Hotline: A confidential and anonymous mechanism for reporting known or suspected improper activity or wrongdoing
- 822-764-7292
- Web-based reporting

Mental health resources
- Faculty and staff: Visit the Human Resources Employee Assistance Program or call (713) 500-3008 or, outside Houston, 1-866-893-3776.
- Students in all of our schools: Visit WellConnect or call (866) 640-4777, available 24/7.
- Student and House Staff Mental Health Service: Call (713) 798-4881.
- Any member of the BCM Community: Call (866) 342-6892.

Houston Resources
Support the AAPI community by donating, joining or volunteering with the following organizations:
- OCA Greater Houston
Asian American Health Coalition of the Greater Houston Area
Chinese Community Center – Houston

National Resources
Asian Americans Advancing Justice-ATL:
Donate to Georgia’s Asian American Community. Contributions raised by AAAJ will go directly to the victims and families of the Atlanta shooting.
Sign the collective statement: stand in solidarity by signing on a community-centered response to violence against Asian American communities.
Share resources as you come across them. Offer victims and their families, impacted individuals, and community organizations resources such as mental health services, immigration legal services, translation services, fundraising, childcare, food assistance, etc.

Stop AAPI Hate:
Within the past year, over 100 acts of anti-Asian hate/racism were reported in Texas. Report incidents of hate, read the Texas report, donate to stop AAPI hate and learn more about how Stop AAPI Hate is responding to xenophobia and bigotry.

8 actions you can take to fight anti-Asian violence | PBS NewsHour
Asian Americans Advancing Justice, a national network with a presence in Atlanta, defends those impacted by hate crimes and ensures that they have proper legal representation. Their work empowers Asian Americans and creates a more just America for all.
Association for Asian American Studies conducts research and education on the causes and solutions to Asian racism.

National Asian Pacific American Women’s Forum:
Donate to the NAPAWF, whose mission is to build collective power with AAPI women and girls to gain full agency over “our lives, our families, and our communities.”

Educational and Cultural Resources
Take the time to learn about Asian American history to combat racism, xenophobia, ignorance, and dismantle the model minority myth that often plagues AAPI communities.

Webinars/TV/Movies:
- PBS Documentary Series: Asian Americans
- Crazy Rich Asians, an American romantic comedy-drama film
- Fresh off the boat, a show about a Taiwanese-American family who has moved from Washington, DC (where there are lots of Taiwanese-Americans) to Orlando, Florida (where there are none!).
- Minari, a movie about a Korean-American family moves to an Arkansas farm in search of their own American Dream. Amidst the challenges of this new life in the strange and rugged Ozarks, they find the undeniable resilience of family and what really makes a home.
- Parasite, a movie about class conflict, social inequality and wealth disparity.
- **The Farewell**, a movie centered around the conflicts involving the East/West culture clash that sprouts from Nai Nai's illness.
- **Tigertail**, a movie about a man reflects on the lost love of his youth and his long-ago journey from Taiwan to America as he begins to reconnect with his estranged daughter.
- **We Are Not a Stereotype**, a video series by the Smithsonian Asian Pacific American Center outlining what is means to be AAPI and the impacts of AAPI stereotypes.

Books:
- **Almost American Girl** by Robin Ha
- **American Born Chinese** by Gene Luen Yang
- **Asian American Feminisms & Women of Color Politics** by Lynn Fujiwara and Shireen Roshanravan
- **A Different Shade of Justice: Asian American Civil Rights in the South** by Stephanie Hinnershitz
- **American Sutra: A Story of Faith and Freedom in the Second World War** by Duncan Ryūken Williams
- **America is in the Heart: A Personal History** by Carlos Bulosan
- **Chemistry** by Weike Wang
- **Contagious Divides: Epidemics and Race in San Francisco’s Chinatown** by Nayan Shah
- **Driven Out: The Forgotten War Against Chinese Americans** by Jean Pfaelzer
- **Everything I Never Told You** by Celeste Ng
- **Facing the Rising Sun: African Americans, Japan, and the Rise of Afro-Asian Solidarity** by Gerald Horne
- **Forgotten Country** by Catherine Chung
- **Fred Korematsu Speaks Up** by Laura Atkins & Stan Yogi (Author), Yutaka Houlette (Illustrator)
- **Gold Boy, Emerald Girl** by Yiyun Li
- **How to Write an Autobiographical Novel: Essays** by Alexander Chee
- **How We Fall Apart** by Katie Zhao
- **Interior Chinatown** by Charles Yu
- **Little Fires Everywhere** by Celeste Ng
- **Minor Feelings: An Asian American Reckoning** by Cathy Park Hong
- **Natalie Tan's Book of Luck and Fortune** by Roselle Lim
- **Orientals: Asian Americans in Popular Culture** by Robert G. Lee
- **Portrait of a Thief** by Grace D. Li
- **Queen of Physics: How Wu Chien Shiung Helped Unlock the Secrets of the Atom** by Teresa Robeson (author) and Rebecca Huang (illustrator)
- **Radicals on the Road: Internationalism, Orientalism, and Feminism During the Vietnam Era** by Judy Tzu-Chun Wu
- **Serve the People: Making Asian America in the Long Sixties** by Karen L. Ishizuka
- **The Chinese Must Go: Violence, Exclusion, and the Making of the Alien in America** by Beth Lew-Williams
• The Color of Success: Asian Americans and the Origins of the Model Minority by Ellen D. Wu
• The Joy Luck Club by Amy Tan
• The Latinos of Asia: How Filipino Americans Break the Rules of Race by Anthony Christian Ocampo
• The Next American Revolution: Sustainable Activism for the Twenty-First Century by Grace Lee Boggs, Scott Kurashige, Danny Glover (Foreword)
• The Poppy War by R.F. Kuang
• The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collision of Two Cultures by Anne Fadiman
• The Making of Asian America: A History by Erika Lee
• The Kite Runner by Khaled Hosseini
• The Paper Menagerie and Other Stories by Ken Liu
• The Tenth Muse by Catherine Chung
• The Woman Warrior by Maxine Hong Kingston
• The Vagrants by Yiyun Li
• They Called Us Enemy by George Takei
• To Save the Children of Korea: The Cold War Origins of Korean Adoption by Arissa Oh
• Transpacific Antiracism: Afro-Asian Solidarity in Twentieth-Century Black American, Japan, and Okinawa by Yuichiro Onishi
• Vestiges of War: The Philippine-American War and the Aftermath of an Imperial Dream 1899-1999 edited by Angel Velasco Shaw and Luis H. Francia
• Wild Swans: Three Daughters of China by Jung Chang
• Yellow by Don Lee
• Yellow: Race in America Beyond Black and White by Frank H. Wu

Podcasts:
• @dearasianamericans
• @asianenoughpod

Social Media Accounts/Websites:
• @stopaapihate
• @capeusa
• @theasiantalk
• @teachandtransform
• @nextshark
• @stopasianhate
• CAAAAV.org
• Apienc.org
• Apen4ej.org
• Apexforyouth.org
• asianhealthservices.org
• Aaldef.org
- apiavote.org
- Advancingjustice-alc.org
- Filipinocc.org/take-action
- https://anti-asianviolenceresources.carrd.co/