"Probiotics for GI disorders: A behind-the-scenes look at the AGA clinical practice guidelines"

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Americans will spend billions of dollars this year on probiotics, despite unclear benefits. Patients routinely ask their doctors whether they should be taking probiotics and, if so, which products. To date, gastroenterologists have had minimal guidance in this area. This presentation will describe the 3-year process that led to the American Gastroenterological Association’s first clinical practice guidelines regarding the role of probiotics in the management of gastrointestinal disorders.

References:

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