



WEEKLY GI RESEARCH WEBINAR

"Probiotics for GI

disorders: A behind-

the-scenes look at the

AGA clinical practice guidelines"



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Americans will spend billions of dollars this year on probiotics, despite unclear benefits. Patients routinely ask their doctors whether they should be taking probiotics and, if so, which products. To date, gastroenterologists have had minimal guidance in this area. This presentation will describe the 3-year process that led to the American Gastroenterological Association's first clinical practice guidelines regarding the role of probiotics in the management of gastrointestinal disorders.

References:

1. Preidis et al. AGA technical review on the role of probiotics in the management of gastrointestinal disorders. *Gastroenterology* 2020.
2. Su et al. AGA clinical practice guidelines on the role of probiotics in the management of gastrointestinal disorders. *Gastroenterology* 2020.
3. Morgan et al. Probiotics reduce mortality and morbidity in preterm, low birth weight infants: A systematic review and network meta-analysis of randomized trials. *Gastroenterology* 2020.

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