# **GOBIG Newsletter**

BCM Gynecology and Obstetrics Interest Group

### New Officers!

**Presidents**: Elizabeth Kravitz & Soumya Gogia

Vice-Presidents: Laura Keenahan & Jennifer Welch

Secretary: Kelly Payne

Treasurer: Stephanie Keeling

Education Chairs: Summer Walton & Felix Rubio

**Social Chairs:** Kylie Wilson & Elizabeth Harper

Service Chairs: Kristi Fu, Lauren Gray, Mary Fang

Research Chair: Mary Taylor Winsten

## New Programs

GOBIG is hard at work revamping our mentorship and research programs!

We will be offering students mentorship pairings and will continue to match MS3s with interns to facilitate application advice. This program will be officially kicked off with a meet and greet social for all participants in October.

Our research program has been revamped to facilitate connecting students to faculty and residents. Reach out to Mary Taylor if you need student help on a project!

### Wine and Gyn

# With Drs. Beasley, Levison, and Leong-Kee

During Covid-19, we have found Wine and Gyn nights to be the perfect way to leverage Zoom to stay connected and engaged as a community. We are so appreciative of the faculty that have led such thought-provoking discussions around various journal articles and topics such as breastfeeding guidelines for HIVpositive patients.



### Research

#### How to do Research Panel

In an all-new event for GOBIG, Dr.Kjersti Aagaard presented to students about how to conduct research, detailing different types of research and ways for medical students to get involved.

This was followed by a faculty and student Q&A panel with Dr. Kathleen Pennington offering students the chance to gain research advice from peers and mentors.

# Education

#### Suture Workshop

Dr. Sunde and the Ob-Gyn residents led a suture workshop on March 5<sup>th</sup>. Students learned one- and two-handed knot tying and practiced simple suturing techniques in the Baylor SIM lab.

#### PPH Sim Lab

Dr. Leong Kee led students in a lecture followed by a simulation focused on risk factors and management of PPH.

#### LGBTQ+ Health

We held a screening of the documentary "Born to Be," which provides an intimate view into the work of Dr. Jess Ting at the Mount Sinai Center for Transgender Medicine and Surgery. Our "Trans/Gender Non-Conforming Affirming Healthcare" panel with the Human Rights Campaign taught students about systemic barriers to care for transgender patients and imparted knowledge on how to improve their care.

### Service

### **Girls Elevated**

At this year's event, our volunteers teamed up with Ob/Gyn faculty and residents and taught a workshop on Healthy Habits to a middle school audience. We had a great time collaborating to teach these young women!

If you'd like to contact GOBIG about getting involved in future events, feel free to contact our presidents: Elizabeth at <u>Elizabeth.Kravitz@bcm.edu</u> or Soumya at <u>Soumya.Gogia@bcm.edu</u>