

Long-Term Habits for Staying Healthy While at Home

Hear directly from a panel of Baylor Medicine experts on how to keep up your wellness journey while spending more time at home.

Juliet Holder-Haynes, M.D., Bariatric Surgeon

Peter Jian, M.D., Family Medicine and Medical Weight Management Physician
Emily Monfiletto, RD, LD, CCMS Senior Registered Dietician
Irvin Sulapas, M.D., Primary Care Sports Medicine Physician

TUESDAY, JULY 7 AT 5:30 P.M. SIGN-UP HERE TODAY!