

# GI & LIVER COURSE Managing & Avoiding Complications

## WHAT TO DO WHEN THINGS GO WRONG!

## March 28–29, 2020

MD Anderson
Mitchell Basic Science Research Building
Onstead Auditorium, 3rd Floor
6767 Bertner Avenue | Houston, TX 77030

Baylor Present Departr College of Gastroe Medicine

Presented by Baylor College of Medicine Department of Medicine, Section of Gastroenterology and Hepatology

Provided by Baylor College of Medicine

#### **NEEDS**

Updating practicing physicians and other health professionals in both the diagnosis and management of gastrointestinal and liver diseases/ conditions is essential to providing quality care leading to improved patient outcomes. The goal of this activity is to review current as well as emerging medical therapies and to outline the most effective ways to integrate this information into clinical practice.

#### **TARGET AUDIENCE**

Gastroenterologists, hepatologists, internists, primary care physicians, nurses, physician assistants, medical trainees and students.

#### **OBJECTIVES**

At the conclusion of the activity, participants should be able to

- Identify the different types of esophageal diverticulums and how to treat them.
- Discuss the long term side effects of proton pump inhibitors and how to counsel patients on limiting the side effects and adverse events.
- Describe the indications and long term efficacy of endoscopic and surgical fundoplication inpatients with GERD.
- Describe how to prevent strictures and perforation when managing patients with eosinophilic esophagitis.
- Identify the surveillance for patients with gastric intestinal metaplasia and the different management methods.

#### EDUCATIONAL METHODS AND EVALUATION

- Lecture
  - Small Group Breakout Session
- Question and
  - Answer Session
- Panel Discussion

Evaluation by questionnaire will address program content, presentation, and possible bias.

#### ACCREDITATION/CREDIT DESIGNATION PHYSICIAN

#### AMA PRA Category 1 Credits<sup>™</sup>

Baylor College of Medicine is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 11.75 AMA PRA Category 1 Credits<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The presentation, *Ethics of Using Social Media for your* GI Practice, has been designated by Baylor College of Medicine for 0.50 credit of education in medical ethics and/or professional responsibility.

ABIM MOC Points Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 11.75 MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. Participants will earn MOC points equivalent to the amount of CME credits claimed for the activity. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

#### NURSE

Texas Children's Hospital is an approved provider with commendation of continuing nursing education by the Texas Nurses Association - Approver, an accredited approver with distinction, by

the American Nurses Credentialing Center's Commission on Accreditation. This continuing education activity awards 11.75 contact hours. This includes 0.50 out of the 2.00 contact hours required for Nursing Jurisprudence and Ethics Continuing Nursing Education Requirement.

#### PHYSICIAN ASSISTANT

This activity has been reviewed by the AAPA Review Panel and is compliant with AAPA CME Criteria. This activity is designated for 11.75 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



This activity was planned in accordance with AAPA CME Standards for Live Programs and for Commercial Support of Live Programs.





# **GI & LIVER COURSE**

#### ACTIVITY DIRECTOR

Mohamed Othman, M.D., Associate Professor of Medicine

#### **PLANNING COMMITTEE**

Johanna Chan, M.D. Associate Professor of Medicine

Jason Hou, M.D. Associate Professor of Medicine

Fasiha Kanwal, M.D., M.S.H.S. Chief and Professor of Medicine

Kalpesh K. Patel, M.D. Associate Professor of Medicine

John Vierling, M.D. Professor of Medicine

#### **BAYLOR COLLEGE OF MEDICINE FACULTY\***

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David Graham, M.D. Professor of Medicine

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Salmaan Jawaid, M.D. Assistant Professor of Medicine

Fasiha Kanwal, M.D., M.S.H.S. Professor of Medicine Chief, Gastroenterology and Hepatology

#### **GUEST FACULTY**

Eduardo Guimarães Hourneaux de Moura, M.D. Gastroenterology Department Director, Gastrointestinal Endoscopy Unit University of São Paulo Medical School

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Rehman Sheikh, M.D. Assistant Professor of Medicine

Richa Shukla, M.D. Assistant Professor of Medicine

John M. Vierling, M.D., F.A.C.P. Professor of Medicine and Surgery

\*All faculty are Baylor College of Medicine, Department of Medicine, Division of Gastroenterology and Hepatology unless otherwise noted.



## **GI & LIVER COURSE**

### Saturday, March 28, 2020

7:15 a.m. Registration and Breakfast

8:00 WELCOME: ANNOUNCEMENTS AND INTRODUCTION

SESSIO	N 1 Recognizing Red Flags	MODERATOR: MU	not Khushboo, M.D.
8:10	Utilizing Digital Chromoendoscopy for a Better En Exam-Know When to Biopsy & When to Resect	idoscopic	Dr. Herbert Burgos
8:30	Too Many Polyps in a Screening Colonoscopy-Kno Be Worried	ow When To	Dr. Suneal Agarwal
8:50	Acute Liver & Acute On-Chronic Liver Failure Und Diagnosis & Prognosis	erstanding the	Dr. Ruben Hernaez
9:10	QUESTION & ANSWER SESSION		
9:25	BREAK		
SESSIO	N 2 Forestall the Speeding Train M	IODERATOR: Robe	rt Jay Sealock, M.D.
9:35	Controlling Functional Dyspepsia the Balancing A	ct	Dr. Hashem El-Serag
9:55	Chronic Intestinal Pseudo-Obstruction? The Dread Consultation	bed	Dr. Nabil Mansour
10:15	When to Refer my Patient to Transplant-Am I too	Early or Late	Dr. Prasun Jalal
10:35	Chronic Pancreatitis-Diagnose Early to Prevent Late	Complications	Dr. Mohamed Othman
10:55	Preventing Medication Complication in IBD De-eso in Strategy	calation	Dr. Richa Shukla
11:15	QUESTION & ANSWER SESSION		
11:30	BREAK		

#### MEET-THE-EXPERT LUNCH

Noon-1 p.m.

(Please Choose One) USING YOUR ENDOSCOPE AS A GUIDING LIGHT: The Art of Virtual Chromoendoscopy Dr. Herbert Burgos & Dr. Eduardo DeMoura

THE GASTROPARESIS DILEMMA: What's on the Horizon? Dr. Suneal Agarwal Dr. Mehnaz Shafi MANAGING INPATIENT IBD COMPLICATIONS Dr. Jason Hou & Dr. Lukasz Kwapisz

THE DIFFICULT IBS CASE: The New Tricks Dr. Hashem El-Serag & Dr. Johanna Chan

## Saturday, March 28, 2020

SESSION 3	Planning your next move: What should I do? MODERATOR: Milena	Gould Suarez, M.D.
1:10 p.m.	GERD Treatment-Balancing PPI Side Effect and The Need for Endoscopic and Surgical Intervention	Dr. Kalpesh Patel
1:30	Gastric Intestinal Metaplasia-Should I be Worried?	Dr. David Graham
1:50	Fecal Incontinence-Is there a Role for the Gastroenterologist	Dr. Yesenia Rojas- Khalil
2:10	Neuroendocrine Tumor of the GI Tract-What Should I Do Next?	Dr. Salmaan Jawaid
2:30	Management of IBD Medication after Cancer	Dr. Jason Hou
2:50	QUESTION & ANSWER SESSION	
3:05	BREAK	
SESSION	4 The Mixed Bag- Sort things out MODERAT	OR: Clark Hair, M.D.
3:15	Zenker, Traction and Diverticulum-How to Recognize, Treat and Prevent Complications?	Dr. Wasif Abidi
3:35	Nausea: Sorting Out the Mixed Bag	Dr. Mehnaz Shafi
3:55	SIBO, Lactose Intolerance & Food Allergy-The Science versus Myth	Dr. Johanna Chan
4:15	Ano-Rectal Lesions-What I Can Treat and What Should I Refer to Colorectal Surgeon	Dr. Waqar Qureshi
4:45	QUESTION & ANSWER SESSION	
5:00	BREAK	
5:15	ADJOURN	

## Sunday, March 29, 2020

7:30 a.m.	Registration and Breakfast			
8:00	Welcome: Announcements and Introduction			
SESSION	5 Top 10-Do and Dare Not to Do MODERATOR: Gyanprakash Avi	nash Ketwaroo, M.D.		
8:10	Microscopic Colitis Top 10-Do & Dare Not to Do	Dr. Rehman Sheikh		
8:30	Non-alcoholic Fatty Liver Disease Top 10-Do & Dare Not to Do	Dr. Maya Balakrishnan		
8:50	IBD Care in Elderly & Comorbid Patient Top 10-Do & Dare Not to Do	Dr. Lukasz Kwapisz		
9:10	Complication Happened Top 10-Do & Dare Not to Do	Dr. Richard Moses		
9:30	QUESTION & ANSWER SESSION			
9:55	BREAK			
SESSION 6 Looking into the Future				
	MODERATOR: MOha	amed Othman, M.D.		
10:10	Ethics of Using Social Media for your GI Practice	Dr. Richard Moses		
10:35	Future of Endoscopy-NOTES and Beyond Dr. Mohamed C			
10:55	Innovative Endoscopic Solutions for Weight Loss-The Road Ahead! Dr. Eduardo Demoura			
11:20	QUESTION & ANSWER SESSION			
11:45	BREAK			
WRAP UP Session Highlights with Dr. Kanwal				
11:55	21st Century Endoscopy Team	Amy L. Schmitt, RN, BSN, CGRN		
12:15	WRAP UP	Dr. Fasiha Kanwal		

#### **DISCLOSURE POLICY**

In order to meet the requirements of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of Baylor College of Medicine (BCM) that all individuals who are in a position to control the content of the CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current and objectively presented. Specific disclosure will be made to the participants prior to the educational activity.

### FEE, REGISTRATION AND CONFIRMATION INFORMATION

Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received. Your registration will be confirmed. If you have not received confirmation at least five business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately.

If you plan to register on-site, contact OCME at least 24 hours in advance to confirm activity status and space availability. The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

To register/pay online visit the activity website at BaylorCME.org/CME/1646 and follow the instructions.

#### CANCELLATION/REFUND POLICY

Requests for registration refunds must be in writing and received by the OCME at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be mailed to the OCME or faxed to 713.798.7955.

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form followed by written notification. If an activity is cancelled, OCME's liability is limited to the registration fee paid. **Note:** If payment is made by check, a social security number is required to process the refund.

#### ACCOMMODATIONS

A limited number of rooms are available for reservation at special rates listed below on a space-available basis. Shuttles are available from both hotels to the conference location.

InterContinental Houston-Medical Center 6750 Main St. Houston, TX 77030 713.422.2779

Please call InterContinental Reservations at 713.422.2779 Quote BCM GI & Liver Course block when reserving.

#### **CONFERENCE LOCATION**

MD Anderson Mitchell Basic Science Research Building Onstead Auditorium 3rd Floor 6767 Bertner Ave. Houston, TX 77030

Parking is available in Garage 15 in the McGovern Commons Bldg. (entrance of Bertner Ave.) A map can be accessed online at www. tmc.edu/contact/visitor-parking/

#### **REGISTRATION FORM**



### **GI & LIVER COURSE**

(Please print clearly)			
Name:	MI LAST		
Degree:	Please check if: 🛛 Resident 🗖 Fellow		
Affiliation:			
Address:			
	State:ZIP:		
	Fax:		
Email:	Specialty:		
	Phone:		
Prof. License (No./State):	National Provider Identifier (NPI):		
Registration Fees   (before/on or     Physician   \$2     Physician Assistant   \$1     Nurse   \$1     Remote   If you are unable to attend in person for the broadcast. Registration fees the Office of CME for additional in     Meet-the-Professor Lunch Groups   Using your Endoscope as a Guiding I     Virtual Chromoendoscopy   The Gastroparesis Dilemma: What's on     METHOD OF PAYMENT (Your registration	200/\$250   Resident*   \$50/\$100     00/\$150   Fellow*   \$50/\$100     \$50/\$100   Other Healthcare Professional.   \$100/\$150     *Email verification to cme@bcm.edu within 24 hours of registration.     n, a broadcast option is available. Please check the Remote Broadcast box, if you would like to sign up still apply. You will receive an email with the broadcast link the day before the conference. Contact formation, cme@bcm.edu or 713.798.8237     (Please choose one):		
□ Visa □ MasterCard □ Discover □ Card No.			
With credit card payment, you may fax completed registration form to 713.798.7955. Return completed form and payment to: BAYLOR COLLEGE OF MEDICINE OFFICE OF CME (1646) P.O. BOX 4708 HOUSTON, TX 77210-4708	Special Requests: Contact OCME if you have any dietary needs (specify below) or any ADA accommodation needs. FOR OFFICIAL USE ONLY CK CC LB Cash Date: Amount:		

To register/pay online, visit the activity website at BaylorCME.org/CME/1646 and follow the instructions.

