

Connecting a device to your Power of Vitality account is an excellent way to earn points and rewards for your day-to-day activities, and it only takes a few steps!

## How to connect a fitness device to the Power of Vitality app

1

Log in to your Power of Vitality mobile app and tap the profile icon.

2

Navigate to Apps and Devices under Settings to view compatible connections.

3

Select the device you want to connect for more details on which healthy activities will be tracked and awarded.

4

Follow the instructions to log in with your device account information and share relevant data with Power of Vitality.

**Remember to log into the Power of Vitality app at least once per week to sync your data and earn points for your fitness activities.**



Download the Power of Vitality  
mobile app from the App Store or  
Google Play