#### **ALSO® PROVIDER COURSE**

Advanced Life Support in Obstetrics (ALSO) is an evidencebased, interprofessional, and multidisciplinary training program that equips the entire maternity care team with skills to effectively manage obstetric emergencies. This comprehensive course encourages a standardized team-based approach amongst physicians, residents, nurse midwives, registered nurses and other members of the maternity care team to improve patient safety and positively impact maternal outcomes.

#### **OVERALL COURSE OBJECTIVES**

- Discuss methods of managing pregnancy and birth urgencies and emergencies, which standardizes the skills of practicing maternity care providers.
- Demonstrate content and skill acquisition as evidenced by successful completion of online course examination, skills workstations, and group testing stations.

#### **CME & CNE INFORMATION**

This Live activity, ALSO Provider Course, with a date range of 08/15/2019 - 08/16/2019, has been reviewed and is acceptable for up to 10.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The American Academy of Family Physicians is approved as a provider of continuing nursing education by the Kansas State Board of Nursing. The online portion of the course is approved for 12.90 contact hours applicable for APRN, RN, LPN, or LMHT relicensure. Kansas State Board of Nursing Provider Number; LT0278-0312. This is an advanced level course and may not be suitable for all general continuing nursing education.

AAFP Prescribed credit is accepted by the following organizations/physician licensing boards. This acceptance is confirmed each year, though no written agreement exists. Participants should contact these organizations directly to find out how to report credit:

American Academy of Physician Assistants (AAPA)
National Commission on Certification of Physician Assistants (NCCPA)
American Nurses Credentialing Center (ANCC)

American Academy of Nurse Practitioners Certification Board (AANPCB)

American Association of Medical Assistants (AAMA)

American Board of Family Medicine (ABFM)

American Board of Emergency Medicine (ABEM)
American Board of Preventative Medicine (ABPM)

### MAINTENANCE OF CERTIFICATION

The ABOG MOC standards now allow participation in ABOGapproved Simulation Courses to meet the annual Improvement in Medical Practice (Part IV) MOC requirement. This course has been approved to meet ABOG Improvement in Medical Practice requirements until 12/31/2020. Please review the current MOC Bulletin for further information:

https://www.abog.org/about-abog/bulletins

#### COURSE DISCLAIMER

The material presented at this course is being made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement, or opinion of the instructors which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury, or other damages, resulting to any individual attending this course and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals, whether these claims shall be asserted by a physician, or any other person.

Every effort has been made to assure the accuracy of the data presented at this course. Clinicians may care to check specific details, such as drug doses and contraindications, etc., in standard sources prior to clinical application.

This Course has been determined to be a Level 2 classification under the AMA PRA Credit and Classification Guidelines. The AAFP does not certify competence upon completion of the ALSO Provider Course, nor does it intend this course to serve as a basis for requesting new or expanded privileges.

For more information on Advanced Life Support in Obstetrics (ALSO), please visit www.aafp.org/ALSO



AMERICAN ACADEMY OF FAMILY PHYSICIANS

# **ALSO Provider Course**

Thursday, August 15<sup>th</sup>, 2019 Friday, August 16<sup>th</sup>, 2019 (Optional) Ultrasounds

# Baylor Family & Community Medicine

3701 Kirby Drive, Suite #600 Houston, TX 77098

Presented by
The Department of Family &
Community Medicine
Family Medicine Residency Program
at Baylor College of Medicine

#### COURSE PRE-WORK

Learners will be provided an email with a link and course code to the online portion of the ALSO Provider Course. Content consists of a pre-test; recorded lectures; online case studies; recorded workstation demonstrations; post-test and a course evaluation. After completion of the evaluation the learners <u>must Claim Credit</u> to show as 'Complete' in the Sponsor's Course Dashboard and to qualify to attend the Live Course.

#### **AFTER THE LIVE COURSE**

The ALSO Course Sponsor is responsible for submitting the post-course Dashboard within one week after the Live course. After this submission, the learners will receive an email with a link which will direct them to their AAFP record to access their letter of participation. For learners who successfully complete both the online and the live portion of the course, wallet cards are provided, with the letters.

#### LIVE PORTION OF THE COURSE

#### **AGENDA**

Time

Thursday, August 15<sup>th</sup>, 2019

**Activity** 

111110	Activity
7:00 - 7:30	Registration
7:30 - 7:45	Introduction Slides
7:45 - 8:15	Lecture: Safety in Maternity Care
8:15 - 8:30	Break
8:30 - 12:00	Workshops #1-3
	**Interactive Case Studies
	**Assisted Vaginal Delivery
	**Maternal Resuscitation
12:00 - 1:10	Online videos and Lunch
	AVD Forceps/AVD Vacuum
	Emergency Breech/PPH/
	Shoulder Dystocia/Group testing
1:10 - 3:10	Workshops #4-6
	**Postpartum Hemorrhage
	**Shoulder Dystocia
	**Emergency Breech Delivery
3:10 - 3:30	Break
3:30 - 4:40	Group Testing
4:40 - 5:00	Debriefing of Participants
5:00 - 5:35	Instructor Wrap-Up and Debriefing

### **ULTRASOUND MODULE - SONOSIMS**

Friday, August 16<sup>th</sup>, 2019 (Optional)

15 minutes 75 minutes	Workshop in OB Gyn Ultrasound Simulations Advanced Clinical Simulations
	First Trimester:
	Diagnosing Intrauterine Pregnancy
	Intrauterine vs Extrauterine Pregnancy
	Checking Fetal Heart Tone
	Pregnancy Dating
	Diagnosing Singleton vs. Multiple Pregnancy
	Pregnancy Failure Detection
	Second and Third Trimester Pregnancy:
	Assessment of Fetal Anatomy
	Diagnosing Placenta Location
	Diagnosing Fetal Presentation
	Fetal Lie
	BPD- Bi Parietal Diameter
	HC- Head Circumference
	FL- Femur Length
	AC -Abdominal Circumference

Amniotic Fluid Index

#### **COURSE CONTACT INFORMATION**

Course Director: Dr. Lisa Danek, MD Advisory Faculty: Dr. Anjali Aggarwal, MD

Course Coordinator: Gabriella Mireles

**Email Address**: gm7@bcm.edu **Phone Number**: 713-798-3747







# Department of Family and Community Medicine ALSO Provider Course Thursday, August 15, 2019

#### **CONFERENCE ROOM 1**

Registration

7:00-7:30

Drs. Aggarwal, Danek, Kidane and Rode

Debrief and Review of on-line education

7:30-7:45

Dr. Anjali Aggarwal

Lecture - Safety in Maternity Care

7:45-8:15

Dr. Anjali Aggarwal

#### BREAK 8:15-8:30AM

WORKSTATIONS (AM)	ROOM	8:30-9:40	9:40-10:50	10:50-12:00	INSTRUCTOR Sidani, Nwagwu, Mahadasyam Danek, Rode, Aggarwal
Interactive Case Studies (20 mins/case)		A B	E	С	
Interactive Case Studies (20 mins/case)	Conference Room 2 (Central)		F	D	
Maternal Resuscitation & Trauma	Conference Room 3 (West)	C	Α	E	Kidane, Mallela, Germanos
Maternal Resuscitation & Trauma	Conference Room 4 (South)	D	В	F	Lopez-Gutierrez, Nguyen, Warwick
Assisted Vaginal Delivery	Conference Room 5 (North)	E	С	А	McKee, Goldberg, Pillai
Assisted Vaginal Delivery	Conference Room 6 (Chair)	F	D	В	Coulter, Franco, Benitez

LUNCH 12:00-1:10	Conference Room 1 (Main)	6 MANDATORY videos will be shown during lunch to ALL participants: Assisted vaginal delivery (forceps & vaccum), Emergency breech delivery, Group testing, Shoulder Dystocia, Post-partum hemorrhage
	Conference Room 3 (West)	1 MANDATORY video will be shown during lunch to ALL instructors: Group testing

WORKSTATIONS (PM)	ROOM	1:10-1:50	1:50-2:30	2:30-3:10	INSTRUCTOR Sidani, Benitez, Nguyen
Shoulder Dystocia	Conference Room 1 (Main)	Α	E	C	
Shoulder Dystocia	Conference Room 2 (Central)	В	F	D	Goldberg, Danek, Nwagwu
Emergency Breech Delivery	Conference Room 3 (West)	С	А	E	Coulter, Pillai, Germanos
Emergency Breech Delivery	Conference Room 4 (South)	D	В	F	Rode, Lopez-Gutierrez, Aggarwal
Post-Partum Hemorrhage	Conference Room 5 (North)	E	С	A	McKee, Warwick, Mahadasyam
Post-Partum Hemorrhage	Conference Room 6 (Chair)	F	D	В	Mallela, Franco, Kidane



# Department of Family and Community Medicine ALSO Provider Course Thursday, August 15, 2019

BREAK 3:10-3:30PM

Group Testing: 3:30-4:40PM

Group Testing	INSTRUCTOR Coulter, Mallela Warwick, Kidane				
Conference Room 1 (Main)					
Conference Room 2 (Central)					
Conference Room 3 (West)	Mahadasyam, Lopez-Gutierrez				
Conference Room 4 (South)	Pillai, McKee Sidani, Benitez, Germanos				
Conference Room 5 (North)					
Conference Room 6 (Chair).	Franco, Aggarwal, Rode				
Conference Room 7 (Rm 626)	Goldberg, Nguyen				
Conference Room 8 (Rm 635)	Nwagwu, Danek				

Volunteers: Adam Floyd MS2, Daniel Jeffcoat R3, Rida Khan R2

Debriefing Participants 4:40-5:00PM

(Participants free to depart upon conclusion of debriefing and submission of completed forms)

Instructor Q&A/Debriefing: 5:00-5:35PM



# Department of Family and Community Medicine ALSO Provider Course Friday, August 16, 2019

SONOSIMULATIONS: 7:00AM-5:30PM

ROOM	7:00-8:30	8:30-10:00	10:00-11:30	11:30-1:00	1:00-2:30	2:30-4:00	4:00-5:30	INSTRUCTOR
Conference Room 1 (Main)	BCM (2)	BCM (2)	U of H (2)	U of H (1)	UTMB (2)	McGovern (2)	McGovern (2)	
Conference Room 5 (North)	BCM (2)	U of H (2)	U of H (2)				McGovern (2)	
Conference Room 3 (West)	BCM (2)	U of H (2)	U of H (2)		A STATE OF THE PARTY OF THE PAR	the state of the s	McGovern (2)	The state of the s

\*\* Franco/Warwick in am, Maha/Nwagwu in pm

# Agenda:

First Trimester:

Diagnosing Intrauterine Pregnancy

Checking Fetal Heart Tone

Pregnancy Dating

Diagnosing Singleton vs. Multiple Pregnancy

Pregnancy Failure Detection

#### Second and Third Trimester:

Diagnosing Placenta Location

Diagnosing Fetal Presentation

Diagnosing Fetal Lie

BPD = Bi-parietal Diameter

HC = Head Circumference

FC = Femur Length

AC = Abdominal Circumference

Amniotic Fluid Index