



The holiday List

*Please visit <https://bit.ly/31tBKNs> for more detailed instruction

Today

- Flu Shot
- Hold a family meeting; appoint a Family Bubble Commissioner
- Commit to creating a safe holiday bubble — everyone pledge to follow this process
- Identify holiday location
- Order face shields/goggles (if flying). Consider obtaining N95 masks*
- Check travel restrictions for the state you will be visiting

Two weeks (14 days prior to holiday)

- Self-quarantine if possible*
- Follow strict viral exposure practices (mask, distance, avoid crowds, wash/sanitize hands)
- Check temperature and symptoms daily

5-7 day prior to holiday

- Get a PCR diagnostic test
- Stock up on hand sanitizer and disinfectant wipes for travel
- Buy travel snacks (if driving)
- Complete purchase of holiday food and beverages, while maintaining quarantine. Use a touchless grocery delivery service
- Recheck travel restrictions for the state you will be visiting

Day of Travel

- If flying, wear a cloth mask (or N95) and face shield/ goggles*
- If driving, avoid crowded stops. When stopping, wear a face shield or goggles in addition to your mask.

I pledge to follow these steps to help insure a safe and happy holiday _____ (initials)