The **holiday List**

*Please visit [https://bit.ly/31tBKNs](https://bit.ly/31tBKNs) for more detailed instruction*

### Today
- [ ] Flu Shot
- [ ] Hold a family meeting; appoint a Family Bubble Commissioner
- [ ] Commit to creating a safe holiday bubble — everyone pledge to follow this process
- [ ] Identify holiday location
- [ ] Order face shields/goggles (if flying). Consider obtaining N95 masks*
- [ ] Check travel restrictions for the state you will be visiting

### Two weeks (14 days prior to holiday)
- [ ] Self-quarantine if possible*
- [ ] Follow strict viral exposure practices (mask, distance, avoid crowds, wash/sanitize hands)
- [ ] Check temperature and symptoms daily

### 5-7 day prior to holiday
- [ ] Get a PCR diagnostic test
- [ ] Stock up on hand sanitizer and disinfectant wipes for travel
- [ ] Buy travel snacks (if driving)
- [ ] Complete purchase of holiday food and beverages, while maintaining quarantine. Use a touchless grocery delivery service
- [ ] Recheck travel restrictions for the state you will be visiting

### Day of Travel
- [ ] If flying, wear a cloth mask (or N95) and face shield/ goggles*
- [ ] If driving, avoid crowded stops. When stopping, wear a face shield or goggles in addition to your mask.

*I pledge to follow these steps to help insure a safe and happy holiday _____ (initials)*