Face coverings help reduce the spread of COVID-19 by reducing droplets if the face covering is over the nose and mouth. Face coverings are important when in close proximity to others and you are unable to socially distance.

### PERMITTED

Face coverings should—
- Completely cover nose and mouth
- Fit snugly but comfortably against the side of the face
- Be secured with ties or ear loops
- Include multiple layers of fabric
- Allow for breathing without restriction
- Be laundered and machine dried without damage or change to shape
- Be pulled so that the bottom part of the mask is below the chin.

A face shield can be worn over a mask to provide additional eye protection.

### NOT PERMITTED

Face coverings should not be worn under the nose, around the neck or forehead.

Studies have shown that neck sleeves/gaiters, bandanas or scarves are less effective than other types of face masks and should not be worn.

Face coverings should not have an exhalation valve; although the valve allows you to exhale, it expels germs into the air and doesn’t protect others.

Face coverings should not be made of mesh material; mesh does not cover the mouth and nose.

A face shield without a mask does not provide adequate protection.