Internationally Acclaimed Leadership

The PDCMDC is directed by its founder Dr. Joseph Jankovic, Professor of Neurology at Baylor College of Medicine.

*Past president of the Movement Disorders Society, Dr. Jankovic is internationally recognized for his substantial contributions and leadership in Parkinson’s disease research.*

In addition to authoring hundreds of scientific articles and dozens of books—including the standard textbooks “Neurology in Clinical Practice” and “Parkinson’s Disease and Movement Disorders”—he has served on numerous scientific advisory boards, including the prestigious Michael J. Fox Foundation for Parkinson’s Research, where he and other leading Parkinson’s researchers and clinicians help direct the Foundation’s aggressively funded research agenda.

Dr. Jankovic is assisted by a team of highly qualified physicians, post-doctoral fellows, nurses, and research and administrative coordinators, all committed to providing the most expert and compassionate care.

The PDCMDC is part of the Department of Neurology at Baylor College of Medicine. Diagnosis and treatment planning are carried out in a modern ambulatory clinic located in Smith Tower in the Texas Medical Center, the world’s largest medical complex, allowing easy access to numerous clinical and research facilities.
The Parkinson’s Disease Center and Movement Disorders Clinic (PDCMDC) has long been recognized as one of the world’s leading clinical and research institutions focused on Parkinson’s disease and related movement disorders. Established in 1977, the Center provides an unparalleled setting for treatment, research and education, with the ultimate goal of finding a cause and cure for Parkinson’s disease and related disorders.

The team of specialists and support staff at the PDCMDC is committed to providing the most compassionate, expert care possible to help patients and their families overcome the physical and emotional challenges of living with Parkinson’s disease and related disorders.

The PDCMDC has received numerous honors, including selection by the National Parkinson Foundation as a “Center of Excellence,” a designation awarded to those who represent the “gold standard” in Parkinson-related research, care and outreach. The PDCMDC evaluates thousands of patients each year referred from around the world for leading-edge evaluation and treatment.

**Advancing the Cause**
The PDCMDC is proud to be at the forefront of Parkinson-related education and research through basic and translational research, publication in scientific journals, educational conferences and training programs.

**About Parkinson’s Disease**
The primary symptoms of Parkinson’s disease are tremors, slowness of movement, muscle stiffness or rigidity, gait difficulty and loss of balance. Additional symptoms may include depression, memory loss, personality changes and other sensory, behavioral and autonomic problems. While Parkinson’s disease does not significantly alter life expectancy, the symptoms can affect daily activities, interfere with work, and adversely impact the quality of life.

At present, the cause of Parkinson’s disease is unknown and there is yet no cure, but extraordinary advances are being made, particularly in the genetics of the disease and in understanding the mechanisms of neurodegeneration. These advances will clearly translate into better diagnosis and treatment.

**Specialized Evaluation and Patient Care**
The PDCMDC excels in the diagnosis and treatment of Parkinson’s disease and related parkinsonian disorders, tremors, dystonia, tics, Tourette syndrome, chorea, Huntington disease, restless legs syndrome and other movement and neurodegenerative disorders.

**Patients at PDCMDC benefit from:**
- Comprehensive and multidisciplinary clinical evaluation and treatment
- An expert neurological staff specially trained in the recognition and treatment of Parkinson’s disease and movement disorders
- A broad spectrum of treatment options, including conventional and experimental medications, botulinum toxin injections, and neurosurgery such as deep brain stimulation, with each therapy tailored to meet individual needs
- A treatment program focused on improving patient coordination and mobility, increasing motivation and reducing dependence, for overall improvement in quality of life
- Access to physical and speech therapy
- An emphasis on patient education, through seminars and outreach to local, national and international resources on Parkinson’s disease
- Access to the latest research findings and therapies