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BAYLOR COLLEGE  
OF MEDICINE

Dept. of Neurology  
Neuromuscular  
Pathology Laboratory

## **PROCEDURE FOR OUTSIDE BIOPSIES** **(Within City Limits)**

### **FOR MUSCLE BIOPSIES**

Three muscle samples measuring 1.5 cm x 1.0 cm x 1.0 cm are submitted for histochemical analysis.

**IMPORTANT: PLACE SPECIMEN BETWEEN TWO GAUZE SPONGES THAT HAVE BEEN LIGHTLY MOISTENED WITH NORMAL SALINE (SQUEEZE OUT ANY EXCESS SALINE BEFORE PLACING SPECIMEN).**

**Do not saturate in saline solution**

Specimen is then placed in a well-sealed container, which can be chilled with ice, within a larger container (it is very important that the specimen not come into direct contact with water or ice during transport. Please fill out provided Patient Information Form and attach billing information. Ship to Neuromuscular Pathology Laboratory courier of your choice. For Biochemical Studies, our laboratory should receive specimen within one hour of excision.

**Please notify the lab 24 hours prior to sending biopsies.** Laboratory hours are from 9:00 am to 5:00 pm, Monday through Thursday. Biopsies on Fridays must be approved by lab in advance before the specimen is sent.

### **FOR NERVE BIOPSIES**

The sample should measure approximately 5cm. It should be handled in the same manner as described above. The specimen(s) should be transported to Baylor Neuromuscular Pathology Laboratory in the Department of Neurology.

#### **Baylor College of Medicine**

Attn: Kevin Blankenship  
Department of Neurology – Smith Tower  
6550 Fannin Suite 1801 Room 130  
Houston TX 77030

*Note: If biopsies are not received in the proper condition, the laboratory reserves the right to reject and return specimen(s) to institution of origin.*