

GEMS ID

Initials

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GEMS Physical Activity Preferences

How much do you like doing each of the activities below? If you don't know what the activity is or have never done it before, please put an "X" in the box below "I've never done it".

1. Watching Television (not including videos on a VCR)	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
2. Watching movies or videos on a VCR	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
3. Playing video games (like Nintendo or Sega)	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
4. Using a computer	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
5. Listening to the radio, tapes, or CDs	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
6. Bicycling	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
7. Swimming laps	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
8. Gymnastics like bars, beam, tumbling, trampoline	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
9. Exercises like push-ups, sit-ups, jumping jacks	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
10. Basketball	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>

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How much do you like doing each of the activities below?

11. Baseball/Softball	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
12. Football	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
13. Soccer	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
14. Volleyball	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
15. Racket sports like badminton, tennis	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
16. Ball playing like four square, dodge ball, kickball	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
17. Games like chase, tag, hopscotch	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
18. Outdoor play like climbing trees, hide and seek	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
19. Water play like swimming pool, ocean, lake	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
20. Jump rope	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>

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21. Dance	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
22. Outdoor chores like mowing, raking, gardening	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
23. Indoor chores like mopping, vacuuming, sweeping	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
24. Walking	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
25. Running or jogging	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
26. Rollerblading, Roller skating, or Ice skating	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
27. Martial arts like karate, judo	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
28. Physical Education class at school	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
29. Climbing on playground equipment	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
30. Hiking	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
31. Weight lifting/Strength Training	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
32. Yoga	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>

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33. Cheerleading/Drill Team	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
34. Arts and Crafts	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
35. Play Board Games	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
36. Homework, Reading	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>
37. Talk on the Phone	I've never done it <input type="checkbox"/>	Don't like it <input type="checkbox"/>	Like it a little <input type="checkbox"/>	Like it a lot <input type="checkbox"/>